



TRIESTER MOUNTAIN TRAIL

From the Griz Guide to Mountain Biking Rothrock State Forest

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To Colyer Lake

The Skinny...

Length: 9.7 mile loop

Tech. Difficulty: 2+

Aerobic Difficulty: Moderate

Vertical Climbed: 1,438'

Climbing Distance: 4.4 miles

4.4

3.0

4.7

3.4

5.1

3.7

5.5

5.8

6.2

2.2

1.5

8.2

0.5

9.2

7.6

6.8



Boal Gap Run
Boal Gap Road

Hey You! This trail and many more like it are in need of some help. Stop in the Bicycle Shop and sign on with the Nittany Mountain Bike Association. Great folks, great trail, great rides, all from one great organization, NMBA. Join now!

To Penn Roosevelt State Park



Krise Valley Road

Muncy Camp

Staver Trail

*NOTE: This is an old trail that needs brushing, especially on the eastern end. You will encounter alot of blueberry shrubs encroaching on the trail, follow the flagging.

Triester Mtn. Trail

New Trail Follow Flagging!

PENNS NURSERY

PENNS NURSERY

To Boalsburg and State College

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*CRUX turn at mile 5.1
The trail turns left on to a grassy, old logging road that looks like a wide singletrack. Entrance may be somewhat obscured by vegetation.

Enjoy the Fatty new bridge!

Fence has Swing-gates

PRIVATE PROPERTY

Crowfield Road

Potter Run

Underwood Trail

Underwood Camp



Map Legend

- Deer Fence Enclosure
- Pond/Lake
- "Black Box" Mileage Marker
- Gate
- Building
- Woods Road
- Dirt Road
- Stream
- Singletrack



Please Copy, Share and Join IMBA & NMBA!

Enjoy this complimentary trail map of the **Triester Mountain Trail** from the new **Griz Guide**, *Mountain Biking Rothrock State Forest* due out in the Spring of 2003. This killer ride has three short but steep climbs on the Deaf Run, Triester and Staver Trails. The trail surface is kind, with a great mix of forest road, woods roads and of course, some killer ridgetop singletrack. The ride should take 1-2 hours to complete and keep in mind that the Triester Mtn. Trail is still new so you will encounter alot of scrubby blueberry on the trail. Keep an eye for the flaggin' tape and enjoy the ride!
Get your **Griz Guides** copy of *Mountain Biking Bald Eagle State Forest* @ www.grizguides.com